

102nd Port Invitational

Presented by Port
School District

Wednesday, May 20th, 2020



Washington

Washington Union Free

430pm Start!

Location: Port Washington High School, 4:30pm

Clerking: Will begin at 4:15pm. **Cards for field events and relays. Stickers for open events.**

Entries: Entry due date is **Monday, May 18, 2020.**

NO ENTRIES WILL BE ACCEPTED THE DAY OF THE MEET.

The fee is an entry fee and not a participation fee. Once an entry is accepted, the entry fee **must** follow.

Eligibility: **Unlimited** entries for each open event. Each athlete is **limited to 2 events** in total (running and field combined).

Relays: Relays are limited to **two teams** per school. **4x800 will run based on the amount of entries**

Invitational Events: The following events are considered invitational events; **200m Dash, 1500/1600m.**

Entry Fees: **\$175.00 boys, \$175.00 girl's team or \$325.00 combined team**, plus the cost of timing and one official per team. Officials will be split between Section VIII schools and billed through BOCES.
Individuals: \$8.00 per event. **Relays:** \$20.00 per event or use the blanket entry

Awards: Medals will be given to the top **four** finishers in all individual events.

Medals will be given to the top **three** teams in all relay events.

Plaques will be given to the **winner of the invitational 200m dash & 1500/1600m.**

All coaches who wish to have athletes considered for invitational events must pre seed. Please send all seeds to Jeremiah Pope & Arnold Donado at portwashingtontf@gmail.com Teams are limited to a **3 athlete maximum** in invitational events. Field size is listed below. Meet management reserves the right to adjust the number of competitors in the invitational events. **Questions, please contact** Jeremiah Pope at (516) 417-0055 or portwashingtontf@gmail.com

200m Dash *12 athletes will be accepted*

1500/1600 *15 athletes will be accepted*

Field Events: **Boys Opening Heights** **Girls Opening Heights**

High Jump 5' 0" High Jump 4' 2"

Pole Vault 8' Pole Vault 6' 0"

In the shot put, discus, long and triple jump: all of the first jumps and throws will be measured. After that only those over the following distances will be measure:

	Boys Standards	Girls Standards
Long Jump	16'0"	13'0"
Triple Jump	36'0"	27'0"
Shot Put	33'0"	22'0"
Discus	85'0"	60'0"

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Please list below the number of athletes and relays that your team will be competing in. All athletes will must have stickers for open events and cards for field events and relays

Track Order of Events

Boys Texas SMR	___
Girls Texas SMR	___
Boys 400IH	___
Girls 400IH	___
Port Youth 55m	
Boys 100m Dash	___
Girls 100m Dash	___
Boys 800m Dash	___
Girls 800m Dash	___
Boys 400m Dash	___
Girls 400m Dash	___
Boys 110HH	___
Girls 100HH	___
Port Youth 4x100	
Invitational Boys 1600m	___
Invitational Girls 1500m	___
Invitational Boys 200m	___
Invitational Girls 200m	___
Boys 4x800m	___
Girls 4x800m	___
Boys 4x400m	___
Girls 4x400m	___
Boys 4x100m	___
Girls 4x100m	___

Field Order of Events

___ Girls Shot – followed by Boys Shot Put	___
___ Boys Discus – followed by Girls Discus	___
___ Girls Long Jump – followed by Boys Long Jump	___
___ Girls Triple Jump – followed by Boys Triple Jump	___
___ Boys High Jump – followed by Girls High Jump	___
___ Boys Pole Vault – followed by Girls Pole Vault	___

Port Washington UFSD

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Entry Form

NAME OF SCHOOL: _____

SCHOOL ADDRESS: _____

SCHOOL PHONE: _____

TEAM ENTERED: Boys _____ Girls _____ Both _____

BOYS COACH: _____

PHONE: DAY _____ EVENING _____

E-MAIL: _____

ASST. COACH: _____

GIRLS COACH _____

PHONE: DAY _____ EVENING _____

E-MAIL: _____

ASST. COACH: _____

BOYS ENTRY \$175 _____

GIRLS ENTRY \$175 _____

BOTH ENTRIES \$325 _____

INDIVIDUAL ENTRIES \$8 per event _____

RELAYS \$20 per team _____

TOTAL \$ _____

Athletic Director's Signature

P.O. #

Please send completed entries by mail or fax to:

Schreiber High School
C/O Jeremiah Pope & Arnold Donado
101 Campus Drive
Port Washington, NY 11050
PHONE NUMBER: (516) 767-5990
FAX NUMBER: (516) 767-5994

Please make checks payable to: **Port Washington UFSD**